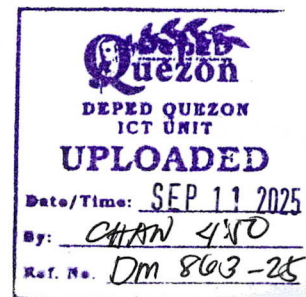




Republic of the Philippines
Department of Education
REGION IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE



10 September 2025

DIVISION MEMORANDUM
DM No. 863, s. 2025

2025 DIVISION NESTLE WELLNESS CAMPUS PROGRAM

To: Assistant Schools Division Superintendents
CID and SGOD Chiefs
Public Schools District Supervisors
Elementary and Secondary School Heads
MAPEH Coordinators and Wellness Program Coordinators
All Others Concerned

1. In accordance with Division Memorandum No. 708 titled "Virtual Division Orientation on the Implementation of the Nestlé Wellness Campus Program for School Year 2025-2026", this Office will hold the 2025 Division Nestlé Wellness Campus Program (NWCP) on October 10, 2026.
2. The implementation of the NWCP for School Year 2025-2026 will focus on promoting healthier habits among students, teachers, and parents through nutrition education, physical activity, and solid waste management
3. Attached are the General Mechanics for the following competitions:
 - a. Best Implementing School Competition
 - b. *Sarap Sustansya* Cook Off Competition
 - c. Hataw Sayaw Year 3 Dance Competition (for students)
4. The Division NWCP Focal Person shall be responsible for selecting a representative to compete in the National NWCP Wellness "Dance Masters" Dance Competition, which is open to both teaching and non-teaching personnel.

DEPEDQUEZON-TM-SDS-04-009-003



Address: Sitio Fori, Brgy. Talipan, Pagbilao, Quezon
Trunkline #: (042) 784-0366, (042) 784-0164,
(042) 784-0391, (042) 784-0321



Republic of the Philippines
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REGION IV-A
SCHOOLS DIVISION OF QUEZON PROVINCE

5. Participating schools are required to complete the registration forms and waivers and to submit all video entries no later than October 10, 2025. All entries must be uploaded through this link: <https://tinyurl.com/NWCP2025-QUEZONPROVINCE>.
6. The teacher-trainers shall implement support activities aligned with the subjects they teach to ensure sustained student engagement and adequate coverage of the required learning competencies. Likewise, school heads shall take responsibility for assigning competent teacher/s to handle the affected classes in compliance with teacher-pupil/student contact time.
7. Immediate dissemination and compliance of this Memorandum is desired.


ROMMEL C. BAUTISTA, CESO V
Schools Division Superintendent

cid-ims/jsa/09/10/2025

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**S.Y. 2025-2026 NESTLÉ WELLNESS CAMPUS PROGRAM
BEST IMPLEMENTING SCHOOL COMPETITION**

DESCRIPTION

The **Nestlé Wellness Campus Best Implementing School Competition** aims to encourage schools to design and implement unique, impactful wellness initiatives that promote healthier actions and improve food and nutrition habits among students, families, and the broader school community.

COVERAGE

The contest is open only to **public Elementary schools** and **Junior High schools** in the nine (9) participating regions, namely:

1. National Capital Region
2. Region IVA – CALABARZON
3. Region V – Bicol
4. Region VI – Western Visayas
5. Negros Island Region
6. Region VII – Central Visayas
7. Region VIII – Eastern Visayas
8. Region X – Northern Mindanao
9. Region XI – Davao Region

DURATION

June 16, 2025 – April 30, 2026

MECHANICS:

1. The competition will have two categories, namely:
 - A. Elementary School Category
 - B. Junior High School Category
2. Interested schools must fill out a registration form to confirm their participation. There will be three (3) levels of the competition. The number of winners per level are as follows:
 - i. **Division Level** (*Winners from Elementary and High School will represent the division to the regional level*)
 - a. Elementary School – one winner
 - b. Junior High School – one winner
 - ii. **Regional Level** (*Winners will be chosen from the division champions*)
 - a. Elementary School – one winner
 - b. Junior High School – one winner
 - iii. **National Level** (*Winners will be chosen from the regional winners*)
 - a. Elementary School:
 - National Champion
 - First Runner-up

- Second Runner-up

b. Junior High School:

- National Champion
- First Runner-up
- Second Runner-up

3. To join the competition, schools must submit a portfolio that details the school's wellness activities and initiatives. It must show the school's efforts in promoting healthier actions and improving food and nutrition habits of families, which aligns with the objectives of the Nestlé Wellness Campus Program (NWCP).
4. A qualified school portfolio must be composed of a 50-slide PowerPoint presentation (which already includes the opening and closing slides) no more no less. Please refer to Annex A for PowerPoint guidelines.
5. The criteria for the selection of winners in the division and regional levels will be as follows:

Criteria:

1. Content <i>(Quality and relevance of wellness activities)</i>	20%
2. Creativity <i>(Originality and innovation of activities)</i>	20%
3. Effectiveness <i>(Impact of initiatives, in relation to NWCP objectives)</i>	30%
4. Stakeholder engagement <i>(Effective engagement of stakeholders and partners)</i>	20%
5. Monitoring & evaluation <i>(Quality of monitoring and evaluation approach)</i>	10%
Total	100%

6. GTI and the DepEd Division Supervisor will agree on the deadline of the submission of the presentation and the date of judging. The division focal person, with the GTI representatives, will judge and select the division winners. All winning division entries will move up to the regional level competition.
7. In the regional level competition, the GTI and NPI in coordination with the DepEd regional focal person will serve as the judges to select the winning entries that will move up to the national level competition.
8. At the National Level, all Regional Winners will represent their respective region in the Face-to-Face National Competition. The competition will be judged by a selected panel of national judges appointed by Nestlé Philippines, Inc. (NPI) and/or Greatfil Team, Inc. (GTI). The winning school shall provide a venue/place enough to accommodate the audience and area where outputs and other means of verifications (MOVs) can be displayed.
9. The national winners of the Best Implementing school competition will be determined based on the set criteria as follows:

a. Criteria for Selecting the Best Implementing Schools – National Level

The selection of the Best Implementing Schools during the National Level competition will be based on the following criteria:

1. Quality and Impact of Wellness Initiatives – 40%

- I. Relevance to the 7 Healthy Habits (KS-1 and KS-2)*
- II. Creativity and innovation in program implementation*
- III. Documented outputs/outcome or positive behavioral changes observed*

2. Authenticity of outputs and other means of verification (MOVs) – 30%

- I. Relevance of outputs*
- II. Quality of MOVs*
- III. Credibility and validity of the MOVs to substantiate the initiatives*

3. Ability to Present and Explain Initiatives – 20%

- I. Confidence and clarity in presenting the school's programs*
- II. Demonstrated understanding of the objectives of each initiative*
- III. Engagement and interaction with visitors and judges*
- IV. Use of data, testimonials, or documentation to support claims*

4. Teamwork and Community Involvement – 10%

- I. Participation of teachers, and engagement of stakeholders*
- II. Evidence of collaboration within the school and community*
- III. Inclusivity and student leadership in implementation*

Total: 100%

10. The schools with the highest scores will be recognized as the **"S.Y. 2025-2026 Nestlé Wellness Campus Best Implementing School of the Year."**

11. Winners will receive the following prizes:

i. Division winners:

Each winner in elementary school and high school will receive a prize package of their choice based on the total amount won. Prizes will be as follows:

A. Elementary School:

Champion- Prize Package worth Ps.5,000 + plaque

B . Junior High School:

Champion- Prize Package worth Ps.5,000 + plaque

ii. Regional Winners:

Winners in elementary and junior high school the region will receive a prize package of their choice worth Ps.50,000.00 each plus a plaque of recognition

iii. National Winners

School winners in the national level will receive a prize package of their

choice plus plaque.

A. Elementary School:

- *National Champion - Ps.150,000*
- *First Runner-up - Ps. 100,000*
- *Second Runner-up - Ps. 75,000*

B. Junior High School:

- *National Champion - Ps.150,000*
- *First Runner-up - Ps.100,000*
- *Second Runner-up - Ps.75,000*

Prize Packages: The winners may select among the items listed below. The quantity of items will depend on the amount of the prize won as follows:

- a. 50" flat screen TV
- b. Sound System
- c. Laptop
- d. Projector
- e. Canteen equipment (Crathco beverage dispensers) and Nestlé products
- f. Other items that will help promote nutrition, health and wellness

Awarding of prizes will be done in schools or in the DepEd regional offices.

NPI/GTI shall have the absolute right to modify or change the mechanics (as the need arises) to ensure the successful and orderly implementation of the Program upon prior notice to participant

Structure for Presenting Each Initiative (KS1 and KS2)

(Recommended: Use around 10–12 slides per initiative)

I. INITIATIVE TITLE & OVERVIEW

- **Slide 1:** Initiative Title and Grade Level Focus (KS1 or KS2)
- **Slide 2:** Brief Description / Objective
 - What is the initiative about?
 - Why was it chosen?
 - What specific healthy action or habit does it promote?

II. PLANNING & DESIGN

- **Slide 3:** Planning Process
 - Who were involved? Teachers? Stakeholders?
 - What steps were taken to design the initiative?
- **Slide 4:** Integration into Curriculum or School Program
 - How was the initiative embedded in regular classes or extracurricular activities?
 - Link to NWCP modules or learning competencies.

III. IMPLEMENTATION

- **Slides 5–6:** Activity Execution
 - Photos and descriptions of how the initiative was conducted
 - Timeline, venue, participation level (students, parents, teachers)
- **Slide 7:** Stakeholder Involvement
 - How were teachers, parents, and other stakeholders engaged?
 - Testimonials or quotes if available

IV. COMMUNITY SHARING / CASCADE

- **Slide 8:** Transfer of Learning to the Community
 - How did parents or stakeholders share the healthy habits with others?
 - Evidence of replication or community-level actions

V. MONITORING & IMPACT

- **Slide 9:** Monitoring Tools
 - What tools/methods were used to track success? (e.g., surveys, feedback forms, photos, videos)
- **Slide 10:** Results and Outcomes
 - What behavior or mindset changes were observed?
 - Measurable impact (if available) – e.g., increase in healthy food choices, higher physical activity levels

VI. REFLECTION & NEXT STEPS

- **Slide 11:** Challenges and Learnings
 - What worked well? What can be improved?
- **Slide 12:** Sustainability Plan
 - How will the school continue or scale the initiative?

NWCP BEST IMPLEMENTING SCHOOL

Power Point Presentation Guidelines (50 Slides only no more no less)

Slide 1: Title Slide

- Title: "School Entry for the NWCP Best Implementing School"
- Subtitle: "Empowering Healthier Communities"
- School Name & Date

Slides 2–3: Introduction

- Overview of NWCP implementation in the school
- Importance of the program in the school context

Slides 4-5: School Data

- Number of students, teachers, and parents
- Photos of the school environment

Slides 6–8: NWCP Launching Activities

- Photos and descriptions of the launch event
- Testimonials or feedback

Slides 9–14: Program Implementation

- Classroom activities and school-wide initiatives
- Adult/Parent modules activities
- At least **2 unique wellness activities** aligned with NWCP modules

INITIATIVES: (10-12 Slides)

ELEMENTARY: Slides 15-26 - Key Stage 1: One Initiative on Basic food groups

Slides 27–38 - Key Stage 2: One Initiative on Exercise, Games and Sports

JUNIOR HIGH SCHOOL:

Slides 15-26 - Key Stage 3: One Initiative on Food Labels

Slides 27–38 - One Initiative on Adult Modules 2: On Reading Labels

Slides 38–40: Dancercise Sessions

- Photo documentation
- Effects on physical fitness and engagement

Slides 41–43: Stakeholder Partnerships

- LGU and partner engagement
- Testimonials or agreements

Slides 44–48: Monitoring and Evaluation

- Monitoring tools and methods
- Results, assessment, or learnings

Slides 49-50: Conclusion

- Highlights of success
- Future goals and call to action

Tip:

- Use **consistent layout and labels** for KS1 and KS2 initiatives.
- Place **KS1 first**, then follow with **KS2**, so the flow is logical and aligned with the learning stages.

**SY 2025-2026 NESTLÉ WELLNESS CAMPUS
SARAP SUSTANSYA COOK OFF COMPETITION**

DESCRIPTION

The Sarap Sustansya Cook Off is an inter-school competition that advocates the goodness of homemade cooking and the consumption of delicious and nutritious food.

DURATION

June 16, 2025 to April 30, 2026

QUALIFICATION

The contest is open only to **public junior high schools** in the nine (9) participating regions, namely:

1. National Capital Region
2. Region IVA – CALABARZON
3. Region V – Bicol
4. Region VI – Western Visayas
5. Negros Island Region (NIR)
6. Region VII – Central Visayas
7. Region VIII – Eastern Visayas
8. Region X – Northern Mindanao
9. Region XI – Davao Region

A school team must be composed of three (3) student and one (1) teacher-coach from the school. Only the students shall prepare and cook the recipes, with the presence and guidance of the teacher-coach.

MECHANICS:

1. The Activity will have three levels:
 - i. Division Level competition
 - ii. Regional Level competition
 - iii. National Level competition
2. Interested public schools must submit a registration form, which should be signed by the official school representative or school head, along with a waiver signed by the parent or legal guardian. Each school should be represented by only one team.
3. Deadline on the submission of entries will be set in coordination with the DepEd Division Focal Person.
4. This year, the division and regional levels of the competition, will be about bringing out the most favorite home recipes.
5. In the division and regional levels of the competition, qualified entries must meet the following requirements:
 - One (1) video featuring a dish that represents Sarap Sustansya.
 - Maximum cost of the dish is Ps.500.00 including dessert and good for four (4) persons only.

- Participants will shoulder the cost of their recipes.
- The video must not exceed a maximum of 7 minutes in .mp4 format. A qualified video entry must include the following:
 - A one-minute testimonial from students, highlighting the modules and learnings from the selected MAGGI videos available on YouTube through this link: <https://bit.ly/SarapSustansya>.
 - A one-minute segment showcasing the harvest of ingredients from the school's Gulayan sa Paaralan, which will be used in the team's recipe.
 - The remaining five minutes should feature the students' actual cooking and plating, along with their narrative explaining why their dish is both delicious and balanced.
- During the actual cooking, wearing of chef uniform is not allowed. Students shall wear aprons. Only the students shall be visible in the video.
- Submission of video entries will be based on a deadline set in coordination with the DepEd Division Focal Person.
- Winners of the division competition will have two opportunities to advance:
 - A. National Face-to-Face Cook-Off Showdown
 - B. People's Choice Competition
- In the National Face-to-Face Cook-Off Showdown, winning video entries from the division level will automatically qualify for the regional competition. Regional winners will then represent their regions in the national face-to-face showdown, where contestants will simultaneously cook their recipe and demonstrate their cooking skills in front of a panel of judges.
- In the People's Choice Competition, all division-winning videos will be uploaded simultaneously in the MAGGI YouTube page for online voting. The voting period will be announced, and the video with the most likes will be declared the winner.

6. The criteria for judging video entries in both division and regional competition are as follows:

- i. Sarap Sustansya – 40%
(Is the dish tasty and balanced? Do the ingredients complement each other? Does it use healthier ingredients and cooking methods?)
- ii. Appearance and Palatability- 20%
(Does it entice the whole family especially the children to eat tasty and balanced meals? Does it have a variety of colors? Does it look palatable?)
- iii. Food Safety - 15%

(Did they follow basic food safety procedures while preparing? Is the working area clean? Are tools and equipment properly used?)

iv. Accessibility of Ingredients - 15%

(Are the selected ingredients can be easily accessed? Is the final recipe within budget? Is it sufficient to serve a family of four? Are any of the ingredients harvested from the Gulayan sa Paaralan and Gulayan sa Tahanan? Is the final recipe within the budget? Is the serving good enough to serve a family of four?)

v. Video format and organization – 10%

(Does the video have high-quality visuals? Does it have clear narration and presentation? Does the video fall within the required time limit?)

*Video format will apply only in the Division and Regional competition.

7. In the National-level competition, determination of winners shall be done based on the following criteria:

- Sarap Sustansya – 40%

(Is the dish tasty and balanced? Do the ingredients complement each other? Does it use healthier ingredients and cooking methods? Is there a balance of flavor?)

- Execution- 30%

(Did the participants demonstrate proficiency during preparation and cooking? Did the teams successfully accomplish the recipe? Did the dish come together? Was the dish prepared on time?)

- Appearance - 10%

(Does it entice the whole family especially the children to eat sarap-sustansya dish? Does it look appetizing and tastefully pleasing to the eyes? Does it have a variety of colors? Does it look palatable?)

- Cleanliness and Food Safety - 10%

(Was the area set up properly? Did the participants wear the prescribed attire? Did they follow basic food safety procedures while preparing? Is the working area clean after the live cooking? Are tools and equipment properly used?)

- Affordability and Accessibility of Ingredients - 10%

(Is the recipe affordable? Are ingredients used in the dish readily available? Is the final recipe within the budget? Is the number of servings good enough to serve a family of four?)

8. The theme for the National Cook-Off showdown will be announced on a prior date. Teams must submit a written recipe in English, which includes the ingredients and its specifications, as well as method of preparation of the dishes and the tools and equipment needed.
9. The date for recipe submission will be coordinated with the regional representatives accordingly. Ingredients and all the needed cooking utensils and equipment will be coordinated by Greatfil Team, Inc. (GTI) to ensure will be made available on the actual competition day. Ingredients will be sourced

out by the team in coordination with the GreatFil Team, Inc. representative and will be made available during the actual competition date.

10. Each team will be given one hour and 30 minutes to prepare and cook their recipes for the student's actual cooking and plating.
11. Participating teams will be ranked based on their scores. Winners will receive the following prizes as follows:
 1. Division Level - one winner of Ps. 5,000.00 worth of prize package
 2. Regional Level – one winner of Ps. 50,000.00 worth of prize package
 3. National Level
 - a. Champion – Ps. 75,000.00 worth of prize package plus Plaque
 - b. Second Place – Ps 60,000.00 worth of prize package plus Plaque
 - c. Third Place – Ps. 50,000.00 worth of prize package plus Plaque
 4. People's Choice Competition:
 - a. Champion – Ps. 50,000.00 worth of prize package plus Plaque
 - b. Second Place – Ps 30,000.00 worth of prize package plus Plaque
 - c. Third Place – Ps. 20,000.00 worth of prize package plus Plaque
12. The national competition will provide memorable learning experiences for the national finalists, as there will be a mentorship session on day 1 and the actual cooking competition on day 2. All national finalists with their coaches will travel to the competition venue, and their travel, food, and accommodation expenses will be covered by Nestlé Philippines, Inc (NPI) through the Greatfil Team, Inc.
13. In cases that other DepEd key personnel such as school head, EPS, Chiefs, ASDS, SDS and others would want to attend/witness the competition, their travel, accommodation, food, and other related expenses shall be charged from their local funds and/or any available funds subject to the approval of the office of Schools Division Superintendent or Regional Director.
14. Entries at all levels of the competition must feature dishes using Nestlé-MAGGI products.
15. No substitution of Nestlé-MAGGI products shall be allowed. Teams shall use at least 1 Nestlé product, but there should be no mention and endorsement of the specific Nestlé products used during actual food preparation.
16. A panel of judges for each level of the contest will be identified by DepEd in coordination with GTI and Nestlé Philippines, Inc. (NPI).
17. NPI reserves the right to publish and/or broadcast the winners' name, photo or likeness, and video submission/entry, for advertising and publicity purposes without monetary compensation.

Prizes to be Won:

1. For the prize package, the winners may select from among the items listed below. The quantity of items will depend on the value of the corresponding prize package won.
 - a. Cooking Range
 - b. Refrigerator

- c. Food Processor
- d. Mixer
- e. Microwave Oven
- f. Cooking tools/ equipment

2. The Prize will be delivered to the winning schools' address as provided in the registration form. NPI, through GTI, will shoulder the delivery costs of the Prize. It will be delivered to the school on a date scheduled and agreed upon with the implementing agency, or within 60 days from the end of the competition.
3. By receiving the Prize, the Participant attests that they have read and understood the full Activity mechanics and agree to abide by the terms and conditions of the same.
4. NPI/GTI shall have the absolute right to change the mechanics to ensure the successful and orderly implementation of the Program upon prior notice to participants.

**SY 2025-2026 NESTLÉ WELLNESS CAMPUS
HATAW SAYAW YEAR 3 DANCE COMPETITION
(FOR STUDENTS)**

OBJECTIVES

Nestlé Wellness Campus Dance competition aims to showcase the student's skills and talent in modern dance using the official NWCP dancercise music. The competition also aims to encourage teamwork and camaraderie among the students, teachers, and parents.

DURATION

June 16, 2025 to April 30, 2026

QUALIFICATION

The contest is open only to students in all public elementary schools and junior high schools in the nine (9) participating regions, namely:

- National Capital Region
- Region IVA – CALABARZON
- Region V – Bicol
- Region VI – Western Visayas
- Negros Island Region
- Region VII – Central Visayas
- Region VIII – Eastern Visayas
- Region X – Northern Mindanao
- Region XI – Davao Region

MECHANICS

1. All participating schools may get a copy of the dancercise music ("Tara! Sama-Sama sa Wellness") directly from the GTI Wellness Ambassadors in the region.
2. Only the official NWCP SY 2025-2026 dancercise music will be used in the competition.
3. To join, interested public schools must submit a registration form, signed by the school head, and waiver for the student participants duly signed by the parent or legal guardian. Only one team should represent the school.
4. A team will be composed of a minimum of Forty-Seven (47) students and a maximum of Fifty (50) students. There shall only be two (2) teacher-coaches. Only the student performers must be seen in the video. A school is allowed to submit one (1) video entry per category.
5. The competitions will be composed of two categories:
 - a. Elementary Category
 - b. Junior High School Category

6. Participating schools shall submit a video of their dance performance. The duration of the video must confer with the duration of the official dancercise music. The performers shall dance using their own interpretation, steps, choreography and style.
7. The following are strictly prohibited and subject for disqualification:
 - a) Pyramid building, stunt, and throwing
 - b) Movements that are presented/considered as lewd, sexually explicit, and/ or deemed inappropriate.
 - c) Other dangerous movements
 - d) Human props
 - e) Video editing and cuts
 - f) Use of other music
8. Entrance and exit are optional but should be within the duration of the dancercise music. Attire and props are highly encouraged.
9. Video entries submitted must comply with the following requirements:
 - a. Video must be taken within the school premises.
 - b. Dance video must be shot horizontally (landscape mode).
 - c. Video resolution must be clear and must be captured in HD or 720P.
 - d. Video should cover the totality of the dance performance of the 47-50 performers (performers' movements, routines, choreography, and others)
 - e. The camera should be steady from the beginning up to end of the performance. Video editing and cuts are not allowed.
 - f. Video recording must be done from the beginning up to the end of the performance.
 - g. No other individuals are allowed in the video except the performers.
 - h. No unnecessary or extraneous noises, comments and effects must be heard from the video.
 - i. Video submissions should have synchronized audio overlay (NWC dancercise music) to ensure clear sound quality
 - j. Non-compliance with the video and audio requirements will merit deduction.
10. The winning video entries at the Division Level—one from the Elementary category and one from the Junior High School category—will advance to the Regional Competition.

In addition, these division-level winning videos will automatically qualify for the People's Choice Category, where they will compete for online votes at the national level.

11. At the Regional Level Competition, one winning school from the Elementary category and one from the Junior High School category will be selected to advance to the National Level Competition.

The regional winners will officially represent their respective regions in the National competition. They will also be given the opportunity to enhance or re-produce their video entry to meet national standards before final submission for the National Level judging.

12. The following judging criteria will be used to determine the winners in the division, regional, and national level competition:

A. Criteria for the selection of winners:	
a) Technique and execution <i>(Precision, control, and mastery of dance movements)</i>	30%
b) Musicality and Timing <i>(Interpretation and synchronization of movement with the music)</i>	20%
c) Choreography and Creativity <i>(Formations, expressions, artistic expression)</i>	25%
d) Props and Costume <i>(Visual appeal of costumes and props)</i>	15%
e) Video Quality <i>(Clarity, stability, sound quality)</i>	10%
Total	100%

B. Prizes- All prizes will consist of a prize package along with a plaque:

1. Division Level:
 - a. Elementary – Champion – Ps.5,000.00
 - b. Junior High School- Champion -Ps.5,000.00
2. Regional Level:
 - a. Elementary – One winner – Ps.50,000.00
 - b. Junior High School- One winner -Ps.50,000.00
3. National level:
 - a. Elementary Category
 1. Champion 100,000.00
 2. First runner up 50,000.00
 3. Second runner up 30,000.00
 - b. Junior High School Category:
 1. Champion 100,000.00
 2. First runner up 50,000.00
 3. Second runner up 30,000.00

13. **People's Choice:** There will be a People's Choice award category. All winning entries at the division level will be uploaded to the NWC Homeroom FB page (facebook.com/groups/nestlewellnesshomeroom), allowing the public to provide their reactions. The top five (5) videos with the highest number of reactions in each category will be selected as the People's Choice winners.

Schools are required to provide the following details, which will be included as captions in the Facebook Group post:

- Name of the Team
- Region

- Division
- School Name
- #unique hashtag

Any reaction to the video entry, such as likes, hearts, cares, wows, etc., will be counted as one. Comments will not be counted. GTI will announce the voting period in coordination with the Division Focal Person

Contestants and their supporters are strongly encouraged to invite members to join the Facebook Group and provide reactions to their entries. Only adults aged 18 and above are eligible to join the Facebook Group

Prizes - All prizes will consist of a prize package along with a plaque:

I. Elementary Category

<i>Champion</i>	<i>100,000.00</i>
<i>First runner up</i>	<i>50,000.00</i>
<i>Second runner up</i>	<i>30,000.00</i>
<i>Third runner-up</i>	<i>20,000.00</i>
<i>Fourth runner-up</i>	<i>10,000.00</i>

II. Junior High School Category

<i>Champion</i>	<i>100,000.00</i>
<i>First runner up</i>	<i>50,000.00</i>
<i>Second runner up</i>	<i>30,000.00</i>
<i>Third runner-up</i>	<i>20,000.00</i>
<i>Fourth runner-up</i>	<i>10,000.00</i>

14. The decision of the judges is final and not subject to any protests or appeal.
15. NPI/GTI shall have the absolute right to change the mechanics as need arises to ensure the successful and orderly implementation of the Program upon prior notice to participants.
16. NPI reserves the right to publish and/or broadcast the winners' name, photo or likeness, and video submission/entry, for advertising and publicity purposes without monetary compensation.

**SY 2025-2026 NESTLÉ WELLNESS CAMPUS
WELLNESS “DANCE MASTERS” DANCE COMPETITION
(FOR TEACHING AND NON-TEACHING PERSONNEL)**

OBJECTIVES

Nestlé Wellness Campus Dance competition for teachers aims to showcase the teacher’s skills and talent in modern dance using the official NWCP dancercise music. The competition also aims to encourage teamwork and camaraderie among teachers (teaching and non-teaching) in a school division.

DURATION

June 16, 2025 to April 30, 2026

I. Eligibility and Scope of the Contest

The contest is an inter-schools division competition and is open exclusively for teaching and non-teaching personnel—from all public Elementary Schools and Junior High Schools in the nine (9) participating regions, namely:

- i. National Capital Region
- ii. Region IVA – CALABARZON
- iii. Region V – Bicol
- iv. Region VI – Western Visayas
- v. Negros Island Region
- vi. Region VII – Central Visayas
- vii. Region VIII – Eastern Visayas
- viii. Region X – Northern Mindanao
- ix. Region XI – Davao Region

MECHANICS

1. All participating schools divisions may get a copy of the dancercise music (“Tara! Sama-Sama sa Wellness”) directly from the GTI Wellness Ambassadors in the region.
2. Only the official NWCP SY 2025-2026 dancercise music will be used in the competition.
3. Registration and Participation Guidelines:
 - a. *To join the competition, interested Schools Division Offices must submit a completed registration form, duly signed by the Schools Division Superintendent.*
 - b. *Only one (1) team is allowed to represent each Schools Division.*
 - c. *Teacher participants may come from either the elementary or junior high school level.*
 - d. *All participants must be teaching and/or non-teaching staff currently assigned in public schools within the division and/or the Schools Division Office.*
 - e. *Only teams that meet these criteria and submit the properly endorsed form will be officially registered for the competition.*

4. A team will be composed of twenty-five (25) no more no less. There shall be one (1) teacher-coach. Only the twenty-five teacher performers must be seen in the video. A school division is allowed to submit one (1) video entry only.
5. Participating schools division shall submit a video of their dance performance. The duration of the video must confer with the duration of the official dancercise music. The performers shall dance using their own interpretation, steps, choreography and style.
6. The following are strictly prohibited and subject for disqualification:
 - a) Pyramid building, stunt, and throwing
 - b) Movements that are presented/considered as lewd, sexually explicit, and/ or deemed inappropriate.
 - c) Other dangerous movements
 - d) Human props
 - e) Video editing and cuts
 - f) Use of other music
7. Entrance and exit are optional but should be within the duration of the dancercise music. Attire and props are highly encouraged.
8. Video entries submitted must comply with the following requirements:
 - a. Video must be taken within the school premises.
 - b. Dance video must be shot horizontally (landscape mode).
 - c. Video resolution must be clear and must be captured in HD or 720P.
 - d. Video should cover the totality of the dance performance of the 25 performers (performers' movements, routines, choreography, and others)
 - e. The camera should be steady from the beginning up to end of the performance. Video editing and cuts are not allowed.
 - f. Video recording must be done from the beginning up to the end of the performance.
 - g. No other individuals are allowed in the video except the performers.
 - h. No unnecessary or extraneous noises, comments and effects must be heard from the video.
 - i. Video submissions should have synchronized audio overlay (NWC dancercise music) to ensure clear sound quality
 - j. Non-compliance with the video and audio requirements will merit deduction.
9. All submitted video entries will undergo initial screening to ensure compliance with the official contest mechanics.

Only entries that meet the required guidelines will be deemed qualified and will advance to the National Level competition, which will be conducted through an online voting platform.
10. Qualified video entries, will be uploaded to the NWC Facebook group (<https://www.facebook.com/groups/nestlewellnesshomeroom>), allowing the public to provide their reactions. The top three (3) videos with the highest number of reactions in each category will be selected as the People's Choice winners.

11. Schools Division teams who qualify are required to provide the following details, which will be included as captions in the Facebook Group post:

- Name of the Team
- Region
- Division
- #unique hashtag

12. Any reaction to the video entry, such as likes, hearts, cares, wows, etc., will be counted as one. Comments will not be counted. GTI will announce the voting period in coordination with the Division Focal Person

13. Contestants and their supporters are strongly encouraged to invite members to join the Facebook Group and provide reactions to their entries. Only adults aged 18 and above are eligible to join the Facebook Group

14. Prizes - All prizes will consist of a prize package along with a plaque:

a. Prizes for National Winners:

<i>Champion</i>	<i>50,000.00</i>
<i>First runner up</i>	<i>30,000.0</i>
<i>Second runner up</i>	<i>10,000.00</i>

15. The decision of the judges is final and not subject to any protests or appeal.

16. NPI/GTI shall have the absolute right to change the mechanics as need arises to ensure the successful and orderly implementation of the Program upon prior notice to participants.

17. NPI reserves the right to publish and/or broadcast the winners' name, photo or likeness, and video submission/entry, for advertising and publicity purposes without monetary compensation.